The League of Veteran Racing Cyclists





2019 Handbook

The League of Veteran Racing Cyclists



Founded by Percy Stallard and Eddie Cook in 1986

Objective of the LVRC

The provision of a programme of competitive and social cycling events for male and female members of 40 years of age and over.

Statement of Policy

The League of Veteran Racing Cyclists came into being to provide male and female members of 40 and over with competitive and social events, competition being in the form of age-related road races where riders compete against others in their own age groups.

Competitors in LVRC events must be members. The subscription provides membership from 1st September of any one year until 31st December of the following year. Each member is covered for third party insurance while riding in LVRC events and social activities of up to £10,000,000 indemnity.

There is no duplication with other cycling organisations so our members are free to join any other body as they wish. They can also be amateur or professional.

The LVRC is administered by an Executive Committee elected annually. The Executive Committee has the power to take decisions on behalf of the LVRC and may make or modify any regulations if this is considered necessary.

Each region of the LVRC is administered by a regional committee. Members are always encouraged to put forward suggestions for the improvement of the LVRC and its regulations and any such suggestions should be sent to the Chairman for consideration by the Executive Committee.

We look forward to welcoming to our ranks all those interested in age-related racing.

Role	Name	Email	Telephone	Region
President	Alan Rushton			
Chairman (Acting)	Don Parry/Vacant	donparry_1@hotmail.com	07855 270403	R7
General Secretary	John McMillan	gensec.lvrc@gmail.com	07951 710591	R9
Treasurer	Ian Booth	iboothaug@gmail.com	01564 742002	R6
Registrar Coordinator				
(Acting)	George Taylor	georgemartintaylor@mac.com	7557119845	R8
Website Lead	Rob Marcus	results@lvrc.org.uk	01604 458911	R7
Events Coordinator	Nigel Byrne	nigelbyrne@me.com	07894 221479	R7
Track Coordinator	Mike Amery	mikeamery58@gmail.com	01684 310168	R6
Quartermaster	Mike Amery	mikeamery58@gmail.com	01684 310168	R6
Press Coordinator	Mick Ives	mickivesbikeking@gmail.com	01476 304009	R7
Social Secretary	Mick Ives	mickivesbikeking@gmail.com	01476 304009	R7
Racing Improvement	Mike Jackson	mike37jackson@gmail.com	07939 296888	R7
BC & TLI Liaison	Don Parry	donparry_1@hotmail.com	07855 270403	R7
Director	Peter Wilson	peter260wilson@gmail.com	020 8368 0698	R9
Director	Trudie Bird	paulandtrudie@sky.com	07545 874281	R7

Executive Committee 2018

Regional Officers 2018

REGIONS 1 AND 2	N.W. & N.E.ENGLAN	ID, SCOTLAND & YORKSHIRE	
Chairman	Alistair Cameron	alistair.cameron7@gmail.com	0113 257 2680/07975 904251
Registrar	Linda Cameron	linda.cameron100@gmail.com	0113 257 2680
Treasurer	Patrick Douglas	patrick.douglas@ntlworld.com	0113 267 6200
Secy/Event Coordinator	Richard Booth	richardbooth11@btopenworld.com	01287 635105
Secy/Eveni Coordinator	Kichara boom	Incharabooin II @biopenworld.com	01287 855105
REGION 3	NORTH WALES & ME	RSEYSIDE	
Registrar	Brian Ellis	brianellis1937@outlook.com	0151 625 8896
Treasurer	Geoff Brandt	geoff.brandt@ntlworld.com	0151 652 0217
Events Coordinator	Keith Boardman	kbcb@live.co.uk	0151 632 3185
REGION 4	MANCHESTER & NO	DTH STAFFS	
Chairman	Dave Watson		01457 837113
Registrar	Richard Cowan	fireblade4rich@aol.com	01270 873890
Events Coordinator	Nev Ashman	neville.ashman@ntlworld.com	01614 857969
		nevine.ashman@miworia.com	
Treasurer	John Carter	"	01204 886635
Quartermaster	Jim Golden	jimgolden1945@gmail.com	01782 624631
REGION 5	EAST AND NORTH M	IDLANDS	
Chairman	Stephen Ellis	stelouellis@sky.com	07843 935180
Registrar	lan Davenport	iandv@aol.com	07802 916368
Secy/Treasurer			
Events Coordinator	Dave Gretton	davegretton@hotmail.com	0115 987 8700
REGION 6	MID WALES & WEST	MIDIANDS	
Registrar	Peter Varian	petervarian@virginmedia.com	0121 777 2826
Treasurer	Ivor Thomas	ivorandjen@hotmail.com	01789 731451
Events Coordinator	Mike Amery	mikeamery58@gmail.com	01684 310168
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REGION 7	S.E MIDLANDS & EAS		
Chairman	Trudie Bird	paulandtrudie@sky.com	07748 135120
Vice Chairman	Paul Bird	paulandtrudie@sky.com	07545 874281
Registrar	Clare Simon	7registrar@outlook.com	07428 676824
Treasurer	Dick Hooper	hooper_richard@hotmail.co.uk	07932 100534
Events Coordinator	Martin Hackley	mvh@gatechnology.co.uk	01788 810212
REGION 8	S.WALES & WESTERN		
Chairman/Secretary	Austin Heath	info@barclayclassics.com	01269 832975
Treasurer	Kevin Green	· · · · · · · · · · · · · · · · · · ·	07982 244139
Registrar/Events Coordinator		Martin.Bush@Bushhealthcare.co.uk	01685 884226
REGION 9	LONDON & SOUTH I		
Chairman	Trevor Mills	millstrevor92@yahoo.co.uk	01277 657186
	Knocker Shields	knocker.y13@ntlworld.com	01708 700740
Registrar	Knocker Shields	knocker.y15@miworld.com	01708700740
Secy/Event Coordinator/ QMaster	Fred Little	fredlittle@btinternet.com	01077 (50007
			01277 658807
Treasurer	Pete Wilson	peter260wilson@gmail.com	020 8368 0698
Correspondent	Richard Wall	richardwall341@btinternet.com	01908 501556
REGION 10	SOUTH WEST ENGLA		
Registrar	Trevor Bradbury	lvrcreg10@gmail.com	07976 248693
Treasurer	Bob Lyles	lylesatbyles@greenbee.net	
Events Coordinator	Tim Crumpton	timmycrumpton@gmail.com	07557 361927



Rules of Racing

RACE CALENDAR

 Approval for a race date shall be obtained from the appropriate Regional Events Co-ordinator, after which the event will be registered on RiderHQ so that it appears in the LVRC Race Calendar on the RiderHQ website. The Region will make a payment of £20 per event for race insurance.

POLICE PERMISSION

The responsibility for making a race application to the appropriate police authority lies with the race promoter or promoting organisation and shall be made directly by the race organiser.

3. Applications using the appropriate LVRC forms must be made to all police authorities through whose area the race runs, at least six weeks in advance, giving details of course, date, starting time, etc. Copies of the police approval documents and race programme shall be sent to the respective Police Headquarters and local police at least seven days before the event.

HIGHWAYS REGULATIONS

4. All events on the public highway must be held in accordance with The Cycle Racing on Highways Regulations 1960 (and 1980 and 1995 Amendment Regulations).

5. All courses or circuits must be approved by the police.

LVRC RACE LICENCE/MEMBERSHIP

6. All British riders in an LVRC event must be members of the LVRC at the time of entering and riding an event. Riders must join/rejoin the LVRC before the day of the event. LVRC Racing Licences must be produced by all British entrants at the time of signing on to obtain a race number which must then be worn unobscured on the outer top garment for the duration of the event.

RESULTS

7. Result sheets must be sent to the Webmaster and to all who supply a stamped addressed envelope for that purpose.

LVRC TROPHIES

 LVRC championship trophies are perpetual and remain the property of the LVRC. Members are responsible for arranging the return of any trophy won by them to the LVRC Quartermaster before the next year's running of the event concerned.

EVENT PRIZES

9. LVRC policy is that all income from event entries, less levies and expenses, should be distributed as prizes. As a minimum, prizes must be given to the first three in each age category, the only exception being a handicap race and where there are less than 5 riders in an age category. Where race finances allow the first three in each race should also be recognised. When riders choose to ride in a younger age group they should be eligible for prizes providing an entry fee has been paid for that race.

RACE FINANCE

10. A Balance Sheet, together with any profit from the event, shall be sent to the Regional Treasurer as soon as possible after the event.

AGE CATEGORIES

11 (a). LVRC categories are designated as follows: A, 40-44; B, 45-49; C, 50-54; D, 55-59; E, 60-64; F, 65-69; G, 70-74;H,75-79: 1,80-84, J,85-89; K,90-94: L,95-99. Members will change category on their appropriate birthday and when entering races must quote the age category that they will be in on the day of the race. 11 (b). Lady members will normally ride in the category appropriate to a man 10 years older (i.e. 2 groups higher), including championship races.

12. All members are encouraged to ride in a category in which they feel comfortable. Therefore those who wish to do so because of varying ability may at any time enter to ride with a different age category (except in the case of Championship events 'and the National Series). Riders competing in an older category shall not be eligible for a prize.

13. Championship races will be run for each age category. Medals, provided by the LVRC, will be awarded to the first three in each age category, together with an LVRC champions jersey to the winner of each age category (providing there are at least 3 entries in that age category). All age categories shall race in separate events, except where the number of riders is fewer than ten.

14. Where race finances allow recognition should be given to the first three in each age group and the first three in each race.

15. The age and/or category entered for each rider must appear on the start sheet and on the signing-on sheet.

VEHICLE WARNING SIGNS

16. Official vehicles required at all events on public roads are: lead vehicle, which must carry signs stating 'CARE CYCLE RACE APPROACHING', a Race Controllers vehicle and a vehicle carrying a race official and a first aid attendant. All vehicles must carry a LVRC 'CYCLE RACE OFFICIAL' sign and a rear pointing sign stating 'CAUTION CYCLE RACE IN PROGRESS'.

SIGNING ON SHEETS AND LVRC LEVY

17. LVRC signing-on sheets must be completed in duplicate. The organiser must hand the bottom copy to the Chief Judge at least ten minutes before the start of the event. The top copy, together with 50p LVRC levy for every listed rider, must be sent to the Regional Treasurer, as soon as possible after the event, for retaining for the legal time requirement of six years.

18. All competitors must leave their current LVRC racing licence with the signing-on controller and sign on before receiving a race number. Licences will be returned to competitors when their race numbers are handed in after the finish of the event.

PRE-RACE BRIEFING

19. All riders must receive, and must attend, a pre-race briefing covering important safety information. Organisers may take appropriate action against riders who do not attend the pre-race briefing, which may include exclusion from the race.

EQUIPMENT

20. The wearing of hard-shell helmets is mandatory in all events held under LVRC rules. A statement to this effect must appear in all LVRC event programmes.

21. Tri-bars or Spinaci-type bars are disallowed in LVRC road races or stage races.

22. From January 2018, disc brakes are allowed in LVRC road and off-road events.

ENTRIES TO EVENTS

23. All Race entry fees for events on public roads will be at the discretion of the organiser, up to a maximum of £15 per entrant per race. Where third party owned circuits need to be hired then the entry fee may be greater in order to account for the associated costs of circuit hire. Stage race entry fees should be not greater than the number of stages multiplied by the maximum fee of £15 per race.

24. The closing date for all entries shall be three weeks before the date of the event. Entries accepted for all events shall be at the discretion of the organiser. Organisers must accept entries received by the closing date from any rider with a calendar age corresponding with age categories G and greater.

25. When online entry through RiderHQ or a similar platform is being used for an event, all members who have an email address and internet access are expected to enter online, in order to reduce the workload of the organiser. In such instances, postal entries will only be accepted by special arrangement with the organiser, whose email address and telephone number but not necessarily their postal address, will appear in the Racing Calendar.

When online entry via RiderHQ or similar platform is being used, entries will not be accepted until eight weeks prior to the date of the race. Entrants withdrawing or not participating shall not be entitled to a refund of the entry fee or of any component of the entry fee.

26. All postal-based entries where no email address is provided must include a self-stamped addressed envelope tor a start sheet.

ENTRIES ON THE LINE/ON THE DAY

27. Unless an event is being promoted as ONLY for Entries on the Day/Line (EOL or EOD), any EOD/EOL shall be subject to the organiser's discretion but may attract an entry fee 50% greater than entries in advance. They can only be accepted if a full field of riders has not signed on. All entries on the line will always be subject to the following conditions:

A. LVRC members must complete an LVRC standard Entry Form before being allowed to sign on.

B. From January 2018 all entrants must join/rejoin the LVRC before the day of the event, and show their LVRC licence, or other evidence of membership, when signing on.

C. Entrants who permanently reside outside of the UK should contact the event organiser before the day of the event to arrange free day membership. Organisers should contact the National Registrar before the day of the event to ensure insurance cover. Entrants must also complete the standard race entry form and unless such an entrant has a licence from the ICF, pay double the applicable race entry fee before being allowed to sign on.

CONDUCT, ABUSE, DRUGS

28. In events with multiple races for different age groups, when a slower race, group or rider is caught by a faster race, group or solo rider then the slower race shall allow the faster race, group or rider to establish itself separately in front of the slower race. It is not permitted for riders from the slower race to join, contribute to or otherwise affect the motions or outcome of the faster race, group or rider.

29. Do not swear at or otherwise verbally or physically abuse members of the public, organisers, marshals or other competitors. Upon receipt of a complaint against a member competing in an LVRC event who allegedly verbally or physically abuses others, the organiser will in the first instance attempt to resolve the situation immediately. If this is unsuccessful the complaint will be referred to the member's home region and be subject to investigation and suitable sanction where appropriate imposed by the member's Regional Executive. Should this sanction be challenged or ignored by the member under investigation then a request for further action will be promptly passed to the LVRC National Executive by the region, for consideration and any further action or sanction that is deemed to be appropriate.

30.

(a) All riders have the right to compete in the knowledge that they, and their competitors, are free of performance enhancing drugs (PEDs), or drugs which compromise safety. LVRC members have a duty to protect the integrity and safety of the sport of cycle racing, and accept that the use of PEDs and other doping behaviour severely damages the legitimacy of cycling and undermines the integrity of clean riders and the safety of all. The use of both PEDs, and substances which affect judgement and thus the safety of riders, is disallowed.

(b) A rider suspended by another cycling governing body as a result of a positive drug test is barred from competing in LVRC events during the period of his/her suspension from that other body.

Recommendations for Events

EVENT ORGANISATION AND SAFETY MANUAL The manual will be issued to each event organiser by the Regional Event Co-ordinator. It is also available to download from the LVRC web site. The Manual has five sections:

1. Guidelines for Race Organisers; covering all aspects of road race organisation from initial application to final presentation of accounts

2. Risk Assessments – about completion of risk assessments including generic and specific examples

3. Police Notification - examples of and recommendations for event approval

4. Cycle Race Regulations - The Cycle Racing on the Highways Regulations, 1960 (and 1980 and 1995 amendments)

5. Race Organisation and Safety Forms - all the forms needed for LVRC events.

Guidelines for Safer Racing

1. Hold the same line as other riders in the bunch, especially on bends.

 Advise other riders of your intention to move left or right, and if sprinting do not do so without checking that other riders will be unimpeded by your actions.

3. Do not move up on the inside of corners. LVRC roadracing is not Touring Car Racing.

Only overtake other riders were there is sufficient room to do so and without forcing them to change direction or to brake.

6. Do give warnings to riders behind you of hazards such as potholes or obstructions.

7. Avoid physical contact with other riders.

8. Keep both hands on the bars at all times when riding in close formation in a fast-moving bunch.

 In the event of a puncture, put one hand up, keep a straight line and allow other riders to pass before riding yourself to the roadside. Do not brake sharply.
 If deciding to pull out of the line, signal your intention

10. If deciding to pull out of the line, signal your intention to do so, and do not brake or swerve into the path of following riders.

LVRC Successes in World Championships

Road Race

1986 1st UCI World Road Champs 50 - 59 Dave Orford 1989 1st UCI World Road Champs 60 - 64 Harry Hall 1989 1st UCI World Road Champs 65 – 69 Bob Maitland 1990 1st UCI World Road Champs 60+ Dave Orford 1993 1st ICF World Road Champs 50 - 59 Dave Nie 1994 1st ICF World Road Champs 50 - 59 Dave Nie 1995 1st UCI Masters Road Champs 65+ Dave Orford 1996 1st ICF World Road Champs 50 - 59 Dave Nie 1997 1st ICF World Road Champs 50 – 59 Dave Nie 1997 1st St Johann World Cup 70-74 Ron Longstaff 1999 1st UCI World Road Champs 50 – 59 Ian Hallam 1999 1st ICF World Road Champs 50 – 54 Ian Hallam 2000 1st UCI World Road Champs 50 – 54 Ian Hallam 2000 1st ICF World Road Champs 50 – 54 Ian Hallam 2000 1st ICF World Road Champs 60 - 69 George Bennett 2000 1st ICF World Road Champs 70+ Peter Sandy 2002 1st ICF World Road Champs 60+ Tony Woodcock 2004 1st UCI World Road Champs 60 – 64 Tony Woodcock 2004 1st W.A.O.D Road Race Champs - Mick Ives 2005 1st UCI World Road Champs 50+ Claire Greenwood 2006 1st UCI World Road Champs 60+ Roger Iddles 2009 1st World Masters Games 70 - 74 Brian Dacey 2011 1st RIS-RSC Hartberg 7 day Race 65-69 Mick Allen 2012 1st St Johaan World Cup 50 - 59 Susan Shook 2013 1st RIS-RSC Hartberg 7 day Race 75+ Pete Ryalls 2015 1st UCI World Road Champs St Johaan 75+ Jack Watson 2016 1st ICF World Champs 50+ Paul Watson 2016 1st St Johann World Cup 70-74 Rob Stones

Battle of Edge Hill 2 stage Race –Sunday 17th June. Sponsored by Polypipe.

Organised by Team M.I.Racing Stage 1 46 ml Hilly–Stage 2 –7 mile T.T. (Road Bikes) Great prizes – Stage Placings, Age Cats–Overall –King of Mts– King of Sprints–Most Aggressive Rider–Team

> Race is open to Cat C-D-E and F ONLY Entry Fee. £25-00 H.Q. Kineton , Warks, 3 mile off M.40

LVRC Successes in World Championships (contd)

Time-trial

1990 1st ICF International TT Champs 50+ Dave Orford
1991 1st ICF International TT Champs Brian Sunderland
1991 1st ICF World Cup TT Champs 50-54 Mick Ives
1992 1st ICF International TT Champs Brian Sunderland
1993 1st ICF International TT Champs Brian Sunderland
1995 1st ICF World Cup TT Champs 55-59 Mick Ives
1995 1st UCI World TT Champs 65 - 69 Dave Orford
1996 1st UCI World TT Champs 65 - 69 Dave Orford
2000 1st ICF International TT Champs 60 - 64 Ray Minovi
2000 1st ICF International TT Champs 45-49 Clare Greenwood
2001 1st UCI World TT Champs 45-49 Clare Greenwood
2003 1st UCI World TT Champs 50+ Clare Greenwood
2005 1st UCI World TT Champs 50+ Clare Greenwood
2006 1st UCI World TT Champs 50+ Clare Greenwood
2006 1st UCI World TT Champs 50+ Clare Greenwood
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2006 1st UCI World TT Champs 50+ Clare Greenwood
2007 1st UCI World TT Champs 50+ Clare Greenwood
2008 1st UCI World TT Champs 50+ Clare Greenwood
2009 1st UCI World TT Champs 60+ Roger Iddles
2009 1st UCI World TT Champs 65 - 69 Roger Iddles

MTB & Cyclo-Cross

1996 1st International MTB Champs 50-54 Barrie Mitchell 1996 1st International MTB Champs 55-59 Mick Ives 2000 1st UCI World Cyclo-X Champs 60-64 Mick Ives 2001 1st UCI World Cyclo-X Champs 60-64 Mick Ives 2004 1st UCI World Cyclo-X Champs 65+ Mick Ives 2005 1st UCI World Cyclo-X Champs 65+ Mick Ives 2006 1st UCI World Cyclo-X Champs 60+ Vic Barnett 2006 1st UCI World Cyclo-X Champs 65+ Mick Ives 2014 1st UCI World Cyclo-X Champs 60-64 Dave McMullen 2015 UCI World Cyclo-X Champs 50-54 Phil Roach 2015 UCI World Cyclo-X Champs 60-64 Dave McMullen 2015 UCI World Cyclo-X Champs 70-74 Vic Barnett 2015 UCI World Cyclo-X Champs 75-79 Mick Ives 2016 UCI World Cycle-Cross Champs Women 50-54 Tracey Fletcher 2016 UCI World Cycle-Cross Champs 65-69 Dave McMullen 2016 UCI World Cycle-Cross Champs 70-74 Vic Barnett 2016 UCI World Cycle-Cross Champs 75+ John Ginley 2017 UCI World Cycle-Cross Champs 60-64 Robin Delev 2017 UCI World Cycle-Cross Champs 65-69 Dave McMullen 2017 UCI World Cycle-Cross Champs 75+ John Ginley



LVRC Domestic Calendar 2018

NATIONAL CHAMPIONSHIP EVENTS 2018

TIME TRIAL	R7	Sun 22 April	Napton
HANDICAP RR	R6	Sun 27 May	Malvern
ROAD RACE E+	R7	Sun 10 June	Bearley
ROAD RACE A & B	R5	Sun 24 June	Tysoe
ROAD RACE C & D	R7	Sun 24 June	Flintham
CRITERIUM	R5	Sat 8 Sept	MK Bowl
MADISON	R5	Sat 29 Sept	Derby
TRACK	R5	Fri 26 - Sun 28 Oct	Derby
CYCLO-CROSS	R7	28 Dec	Venue tbc

PERCY STALLARD ONIMPEX UK, BIORACER, POINTS SERIES 2018

Sun 18th March	Fleche Waltonne RR	R5	(Event 1)	Market Harborough
Sun 15th April	Luton RR	R7	(Event 2)	Milton Keynes
Sun 13th May	Enville RR	R6	(Event 3)	Bobbingtón
Sun 17rd June	Bridlington RR	R1/2	(Event 4)	Bridlington
Sun 15th July	Tour of the Wolds RR	R5	(Event 5)	Limber
Sun 16th Sept.	St Ives CC RR	R7	(Event 6)	Peterborough

Points will be awarded for each age category, 6 for 1st place down to 1 for 6th place. Points to be counted from best 5 events. A rider will have to compete in a minimum of 4 events to qualify for an overall prize. In the event of a tie on points the next best place or places to count. If a rider changes his age group during the season because of a birthday he may compete in the new older age category, but will not retain any points he has gained from his earlier age group. Alternatively he may choose to remain in the earlier age group for the remainder of the series and keep any points gained. For 2018 there will be overall classifications for Category A,B,C,D,E,F,& G+ (70 years of age and over). Contact Series Co-Ordinator Jon Stephenson for points details etc. Tel: 07792 356339, Email: marijon@hotmail.co.uk

TOACHIM VETS/PS+CYCLEWEAR POINTS SERIES 2018

Sat 3rd March	R9	Abellio/SFA crits – Gravesend Cyclopark, Kent
Sun 29th April	R9	Paul Simon Homes – Blackmore, Essex
Sun 6th May	R10	Farnborough & Camberley – Dunsfold Airfield, Surrey
Sun 13th May	R9	Eagle RC – Radwinter, Essex
Sun 10th June	R9	Ciclos Uno Hoggenberg Classic – Hog Hill
Sun 17th June	R7	TMG Horizon/Verulam – Hog Hill
Sun 1st July	R9	In Gear – South Chailey, E.Sussex
Sun 22nd July	R10	Newbury RC – Boxford, Berks
Sun 29th July	R9	Southend Over the Hill crits – Hog Hill
Mon August 27th	R10	GS Vecchi – Preston Candover, Hants
Sun September 9th	R9	Dulwich Paragon – Bletchingley, Surrey

A riders 7 best results count towards the overall points chart. A rider will have to compete in a minimum of 5 events to qualify for an overall prize one of which must be a road (non circuit) event. Points for each age group awarded as follows: 1st 15, 2nd 13,3rd 11, 4th 9, 5th 8, 6th 7, 7th 6, 8th 5, 9th 4 & 10th 3. Standard LVRC Age Change rules will be adopted, where by a rider can change to a new Age Group upon reaching a relevant birthday. Any points already accumulated will be transferred with the rider to the new Age Group. Alternatively, a rider can opt to remain in the current Age Group until the end of the season if they choose to do so. Contact Series Coordinator Tom McCall for points details etc. Email: tomcat?@blueyonder.co.uk

OVER 65 YEARS POINTS SERIES 2018

Sun 4th March	Baines/JCA Equipe RR	Event 1	Towcester
Sun 11th March	Harold Nelson Memorial Race	Event 2	Darley Moor
Sun 25th March	Bush Healthcare Pinvin RR	Event 3	Pershore
Sat 31st March	Provision RT	Event 4	Darley Moor
Sat 21st April	Derek Smith Memorial RR	Event 5	Halifáx
Sun 1st July	Condor Buckstone RR	Event 6	Halifax
Sat 7th July	Worcester St John's Crit.	Event 7	Stourbridge
Sun 9th Sept	Foxley Classic RR	Event 8	Towcester

Many thanks to organisers for nominating the above events and hoping everyone will support the series. The aim of the series is to encourage O65's to continue racing by providing their own peer group. Points will be awarded for each age category (F, G, H & I), 6 for 1st place in category down to 1 for oth place. Points to be counted from best 6 events (based on 8 + events). A rider will have to compete in a minimum of 4 events to qualify for an overall prize. In the situation of a tie for the overall series prizes will be shared. Riders who change age categories during the series can stay in the same age category, or change category on their birthday and take existing acquired points with them to the new category. Riders must email Barry Jones at cjandbg[@col.com to advise on any changes to age groups and/or result/points queries. Likewise event organisers must email the suff of number of finishes in category if less than 6 applies to Barry Jones so he calculate and tabulate the series points. Any queries on above please contact johnginley@cloud.com

LVRC Handbook 2018

ICF World Road Race Championship early August 2018

Details not yet available so see www.icf-cycling.com later for further details. Entry with LVRC licence.

UCI GranFondo World Series 2018

Final 30Aug – 2Sep 2018 – Varese, Northern Italy. Hilly with technical descent. NOTE: A UCI Licence is required for the Final. This is the UCI "amateur world championships" for both time trialling and road race. There are qualifying rounds held throughout the world and qualifiers contest the world championship for their age group.

Qualifying events are a mixture of sportives and massed start races. Currently the top 25% in each age group qualify for the final. The UK qualifying event is The Tour of Cambridgeshire on 2/3 June (entry with LVRC Licence.)

A full list of qualifying events and all other details www.ucigranfondoworldseries.com

World Masters Cycling Federation Championships St Johaan Austria 2018

50th Anniversary Events from 18th - 26th August 2018 in the Tirol

In 2017 there was: Entry on Line for road events. No restriction on size of field all get to ride. Advance entry available and mandatory for time trial. UCI licence no longer necessary, day licence available. Check 2018 details on www.radweltpokal.org

Racing in Belgium

Season long Vets races in Flanders. All entry on line with LVRC licence. WAOD and VWF used by many of our members. Full details www.belgiancyclingselection.be click info/links – Wielerbonden

46th FIS-RSC International Cycling Week Hartberg Austria 2018

In 2017: Stage Race – Prologue – Criterion – 4 Road Races – Massed start Hill Climb – TT. 5 year age groups from 40 to 75+ UCI Licence and advanced entry required. Entry fees can be paid on arrival at Race HQ. Less competitive "hobby" event over same course, no licence required. Check 2018 details when available at www.radsportwoche.hartbergerland.at

Members who may wish to add key information to this list or correct inaccuracies please email the LVRC International Racing Coordinator, John McMillan at: gensec.lvrc@gmail.com

LVRC National Champions 2017

	Pos.	Road Race	Criterium	Time Trial
Cat A 40-44	1st 2nd 3rd	Jamie Sharp Arlen Vartazarian Richard Wood	Chris Burns Stuart Jameson Jared Millar	Craig Battersby Mark Corbett James Fox
Cat B 45-49	1st 2nd 3rd	Simon Bridge Andrew Turner Adrian Lawson	John Russell Stephen Minton Lee Ward	Geir Robinson Simon Canning Richard Shimmell
Cat C 50-54	1 st 2nd 3rd	Campbell Noon Julian Bray Karl Smith	Mike Twelves Phil Rayner Paul Thursfield	Richard Bradley Roy Chamberlain Mike Twelves
Cat D 55-59	1 st 2nd 3rd	Michael Coyle James Stewart Nigel Carpenter	Joe Gardias Gary Sadler Ken Roesner	James Stewart Keith Ainsworth Jonathan Griffin
Cat E 60-64	1 st 2nd 3rd	Dave Robinson Jim Moffatt Martin Hulbert	Jim Moffatt Andrew Donaldson Andy Jones	Jim Moffatt Les Liddiard John French
Cat F 65-69	1st 2nd 3rd	Ray Robinson Ralph Keeler Dave Woods	Dave Hughes Don Parry Gordon Smith	Barrie Mitchell Peter Jeans Jeff Hathaway
Cat G 70-74	1 st 2nd 3rd	Geoff Wiles Andy Hicks Roger Jackaman	Geoff Wiles Geoff Cooke Mike Allen	Roger Porter Mick Allen Barry Jones
Cat H 75-79	1 st 2nd	Tony Woodcock Ron Bennett	Tony Woodcock John Ginley	Murray Kirton Mick Ives
	3rd	Murray Kirton	Murray Kirton	
Cat I 80-84	1st 2nd 3rd		Norman Bright Dell Stacy	
Women	1 st 2nd 3rd			Helen Boatman Clare E Belle Simon Stephanie Wheatley

LVRC Handbook 2018

LVRC National Champions 2017

	Pos.	Ominpex Bioracer Per Stallard Series Overal			
Cat A 40-44	1 st 2nd 3rd	Michael Jackson Richard Wood Paul Allen	Cat E 60-64	1 st 2nd 3rd	Steve Wilkinson Steve Jolley Mark Robinson
Cat B 45-49	1 st 2nd 3rd	Simon Bridge Rob Fowler Andrew Turner	Cat F 65-69	1 st 2nd 3rd	Rob Matheson Ralph Keeler Dave Hughes
Cat C 50-54	1 st 2nd 3rd	Rich Edwards Roy Chamberlain John Watson	Cat G 70-74	1 st 2nd 3rd	Richard Booth John Ginley Bill Cotton
Cat D 55-59	1 st 2nd 3rd	Graham Balshaw Keith Middleton Steve Davis			
				×	RECEIPENCE CONTRACTOR CONTRA

PROUD SUPPORTERS OF THE LEAGUE OF VETERAN RACING CYCLISTS

Handicap Road Race

- 1st Richard Shimmell (B)
- 2nd Adrian Lawson (B)
- 3rd Daren Glaze (B)

LVRC National Track Champions 2017

Overall Champions

- A Justin McKie
- **B** Antony Wallis
- C David Ellis
- D Adrian Dent
- E Chris Davis
- F Dave Hughes
- G Geoff Cooke
- H Roly Crayford
- Women 40+ Melanie Dobbins
- Women 50+ Lindsey Clarke





LVRC Over 65s Series 2017

F Category

1st Dave Hughes 2nd Ralph Keeler 3rd Jeff Hathaway

<u>H Category</u> 1st Tony Woodcock

2nd Murray Kirton

=3rd Derek Woodings & Roly Crayford

<u>G Category</u>

1st John Ginley 2nd Peter Jones 3rd Bill Cotton

	LVRC Regions and Postcodes
Region 1/2	NW England & Scotland: BB, BL, CA, FY, LA,PR, WN Scotland: AB, DD, DG, EH, FK, G, HS, IV, KA, KW, KY, ML, PH,TD, ZE NE England & Yorkshire: BD, DH, DL, HD, HG, HU, HX, LS, NE, SR, TS, WF, YO
Region 3	N. Wales & Merseyside: CH, IM, L, LL, WA
Region 4	Greater Manchester & N. Staffs: CW, M, OL, SK, ST
Region 5	E & N Midlands: DE, DN, LE, LN, NG, S
Region 6	Mid-Wales & W. Midlands: B, DY, SY, TF, WR, WS, WV
Region 7	SE Mids & E Anglia: AL, CB, CV, HP, IP, LU, MK, NN, NR, OX, PE, SG, WD
Region 8	S Wales & W England: BS, CF, GL, HR, LD, NP, SA
Region 9	London & SE England: BN, BR, CM, CO, CR, CT, DA, E, EC, EN, HA, IG, KT, ME, N, NW, RH, RM, SE, SM, SS, SW, TN, TW, UB, W, WC
Region 10	SW England: BA, BH, DT, EX, GU, GY, JE, PL, PO, RG, SL, SN, SO, SP, TA, TR, TQ

LVRC Handbook 2018